

# MASSIVE FITNESS

UNLEASH YOUR POTENTIAL

## INDIA'S PREMIER FITNESS EQUIPMENT SOURCE

» RAMA TEX N TWIST PVT LTD

GSTIN.: 09AAACR6865M1ZP

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# MANUFACTURING PLANT



# WAREHOUSE



# PACKING DEPARTMENT

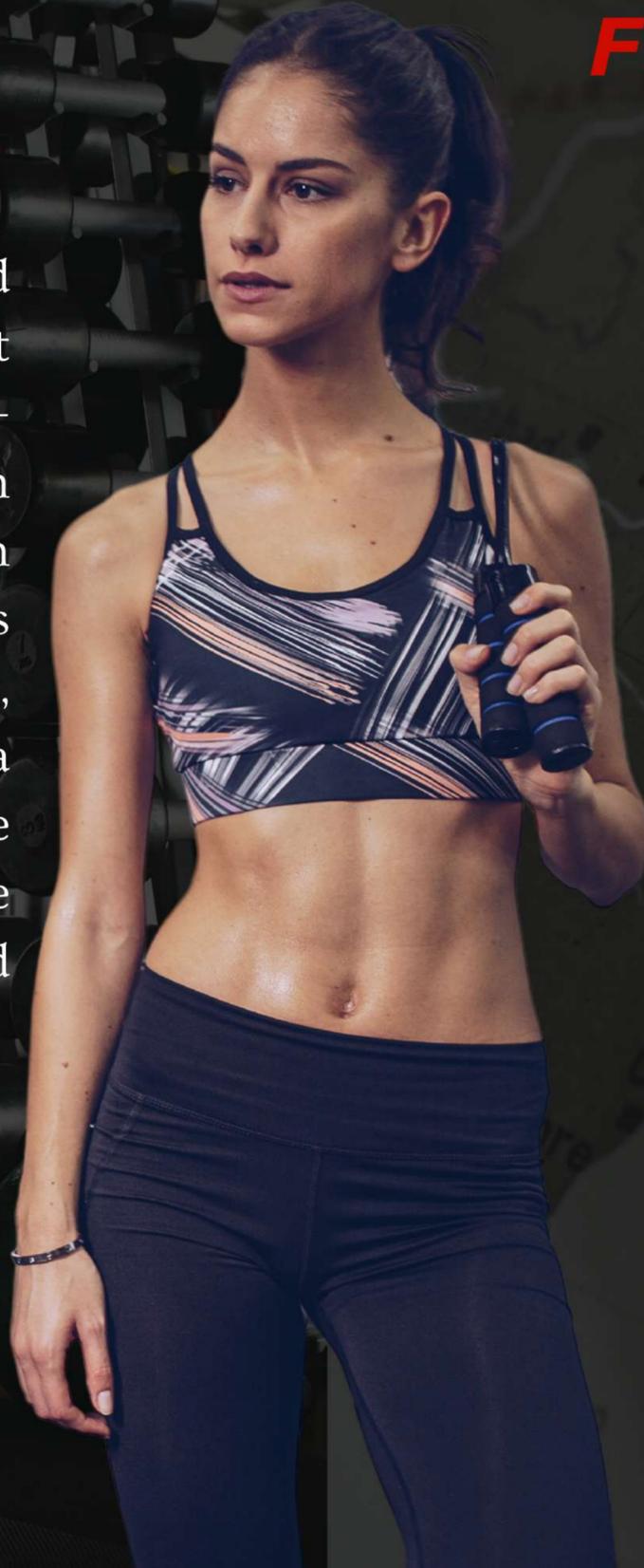




## ABOUT US

“Welcome to “Massive Fitness”

The leading manufacturer, retailer, and premium gym and fitness equipment wholesaler. We specialize in providing top-quality fitness care products, imported gym machines, and comprehensive solutions for gym setups. Our extensive range of gym products caters to fitness centers, sporting goods stores, and individual fitness enthusiasts. With a commitment to excellence and innovation, we strive to deliver equipment that meets the highest durability, functionality, and performance standards.



## WE SUPPLY TO FOLLOWING STATES

- ANDHRA PRADESH
- ASSAM
- BIHAR
- CHATTISGARH
- DELHI
- GOA
- GUJRAT
- HARYANA
- HIMACHAL PRADESH
- JHARKHAND
- KARNATAKA
- KERALA
- MADHYA PRADESH
- MAHARASTRA
- ODISHA
- PUNJAB
- RAJASTHAN
- TAMIL NADU
- UTTARAKHAND
- UTTAR PRADESH
- WEST BENGAL

# ***BUILDING FITNESS, NOT MACHINES***

Our extensive range of gym products caters to fitness centers, sporting goods stores, and individual fitness enthusiasts. With a commitment to excellence and innovation, we strive to deliver equipment that meets the highest standards of durability, functionality, and performance.

***CARDIO***



***STRENGTH***



***FUNCTIONAL***



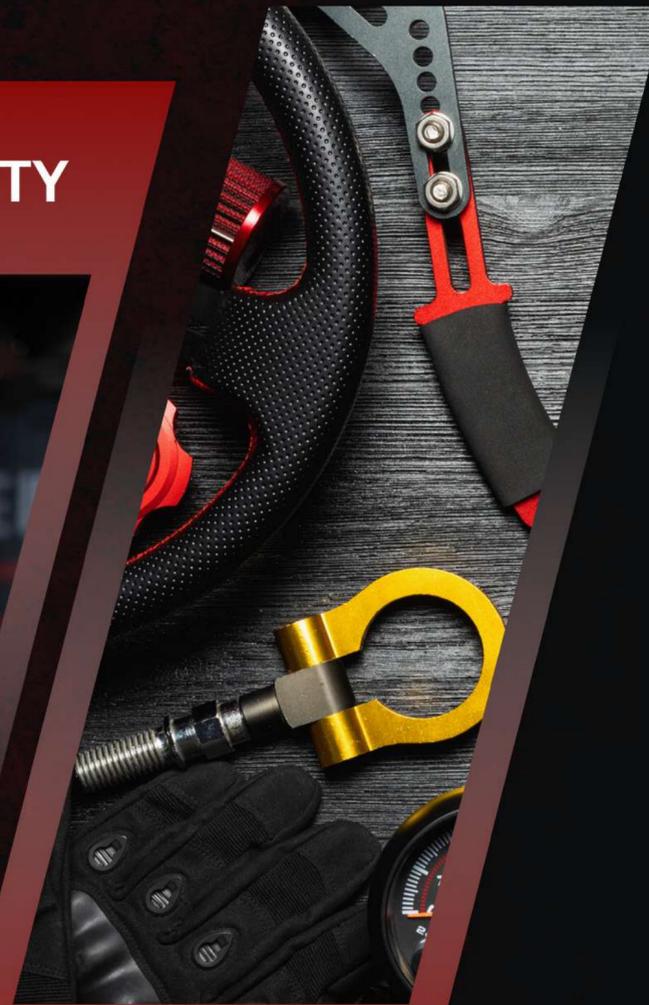
***FREE WEIGHT***



***SPECIALTY***



***ACCESSORIES***



## Captain American

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## Hexa Dumbbell

### FREE WEIGHT - DUMBBELL



Unleash your inner superhero with the Captain America Dumbbell, designed for fitness enthusiasts who aspire to train with power and style. Crafted to resemble Captain America's iconic shield, these dumbbells are not just a workout tool but a statement piece in your fitness arsenal.

- Color - Red
- Design - Unique Captain America shield-inspired design
- Material - High-quality cast iron core with a durable, anti-slip rubber coating.
- Weight Range - Available in 2.5kg, 5kg, 7.5kg, 10kg, 12.5kg, 15kg, 17.5kg, 20kg, 22.5kg, 25kg, 27.5kg and 30kg
- Coating - Encased in a durable rubber coating to protect floors, reduce noise, and increase the lifespan of the dumbbells.
- Durability - Suitable for all types of weightlifting and strength training exercises
- Safety - Rubber-coated edges to protect your floors and reduce noise.
- Grip - Ergonomically designed handles with a non-slip grip for maximum comfort and safety.



Enhance your strength training with our high-quality Hexa Dumbbells, designed for both professional and home gym use. These dumbbells are engineered to provide superior performance, durability, and comfort, making them a perfect addition to any fitness routine.

- Color - Black
- Design - Hexagonal design to prevent rolling, ensuring safety and convenience during workouts.
- Material - Made from premium-grade solid cast iron for exceptional durability and longevity.
- Weight Range - Available in 2.5kg, 5kg, 7.5kg, 10kg, 12.5kg, 15kg, 17.5kg, 20kg, 22.5kg, 25kg, 27.5kg and 30kg
- Coating - Encased in a durable rubber coating to protect floors, reduce noise, and increase the lifespan of the dumbbells.
- Durability - Suitable for all types of weightlifting and strength training exercises
- Safety - Rubber-coated edges to protect your floors and reduce noise.

## Steel Dumbbell

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## Hexa Dumbbell

### FREE WEIGHT - DUMBBELL



This steel dumbbell is ideal for both home and commercial gym setups. Its sleek, polished finish enhances durability and adds a professional look to your fitness space. The knurled handle ensures maximum grip, even during intense workouts, preventing slippage and ensuring your safety.

- Color - Silver
- Design - Compact and balanced for even weight distribution
- Material - Solid Steel
- Weight Range - Available in 2kg, 5kg, 10kg, 15kg, 20kg, and 25kg
- Durability - Engineered for long-lasting use, with resistance to wear and tear
- Maintenance - Easy to clean and maintain
- Grip - Ergonomically designed knurled handle for a secure and comfortable grip
- Precision Weight Accuracy - Ensures consistent training results
- Versatile Use - Perfect for a wide range of exercises including curls, presses, row, and more.
- Compact Design - Easily storable, making it perfect for any gym setup



**Imported - Kettlebell**

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**kettlebell**

## FREE WEIGHT - KETTLEBELL



This steel dumbbell is ideal for both home and commercial gym setups. Its sleek, polished finish enhances durability and adds a professional look to your fitness space. The knurled handle ensures maximum grip, even during intense workouts, preventing slippage and ensuring your safety.

- Color - Silver
- Design - Compact and balanced for even weight distribution
- Material - Solid Steel
- Weight Range - Available in 2kg, 5kg, 10kg, 15kg, 20kg, and 25kg
- Durability - Engineered for long-lasting use, with resistance to wear and tear
- Maintenance - Easy to clean and maintain
- Grip - Ergonomically designed knurled handle for a secure and comfortable grip
- Precision Weight Accuracy - Ensures consistent training results
- Versatile Use - Perfect for a wide range of exercises including curls, presses, row, and more.
- Compact Design - Easily storable, making it perfect for any gym setup



Enhance your fitness routine with our premium Gym Kettlebell, designed for a full-body workout that builds strength, improves endurance, and enhances flexibility. Whether you're a beginner or a seasoned athlete, this kettlebell is perfect for a wide range of exercises, from swings to squats and presses.

- Material: Made from durable cast iron for long-lasting use
- Weight Options: Available in various weights (4kg, 6kg, 8kg, 10kg, 12kg, 16kg, 20kg, 24kg, 28kg, 32kg) to suit different fitness levels and goals
- Finish: Powder-coated finish for a smooth, chip-resistant, and rust-free surface
- Handle Design: Ergonomically designed wide grip handle for secure, comfortable lifting and maneuverability
- Flat Base: Provides stability for storage and exercises like push-ups or renegade rows
- Color-Coded: Each kettlebell weight is color-coded for easy identification
- Compact Size: Designed for easy storage and transport, ideal for home gyms or professional settings
- High-intensity interval training (HIIT), functional training, and strength training programs

## Short Put Ball

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## FREE WEIGHT



Enhance your strength training and athletic performance with the Gym Short Put Ball. Designed for serious athletes and fitness enthusiasts, this high-quality put ball is perfect for developing power, core strength, and coordination.

- Material: Durable rubber shell with a textured surface for improved grip
- Weight Options: Available in various weights (3 kg, 5 kg, 7.5 kg, 10 kg) to suit different training needs
- Diameter: Standard size with a diameter of 25 cm for optimal handling and stability
- Color: Vibrant color options available for easy identification and motivation
- Usage: Ideal for throwing, strength training, plyometrics, and various functional exercises
- Conditioning: Suitable for both indoor and outdoor use, weather-resistant for long-lasting performance
- Versatile Training Tool: Great for improving explosive strength, coordination, and athletic performance across various sports, including track and field, football, and basketball.
- Safety Features: Soft exterior reduces the risk of injury during training and ensures safety in various workout environments.

# FREE WEIGHT - BAR | ROAD



Achieve your fitness goals with our premium Olympic Barbell, designed to meet the highest quality and performance standards for serious lifters and athletes. Whether you're training for powerlifting, weightlifting, or general strength training, this barbell will elevate your workout experience.

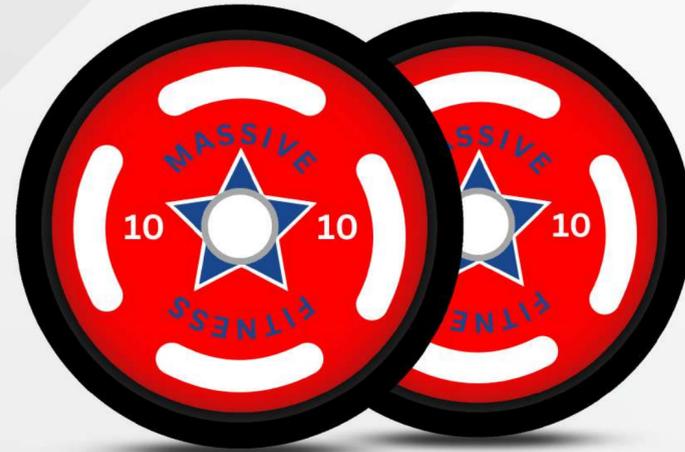
- Material - High-grade alloy steel with a tensile strength of 190,000 PSI
- Length - 7 feet (2.2 meters)
- Weight - 20 kg (44 lbs)
- Diameter - 28 mm (1.1 inches)
- Load Capacity - Up to 1500 lbs (680 kg)
- Sleeve Length - 415mm (16.3 inches)
- Sleeve Diameter - 50mm (2 inches)
- Professional athletes and competitive weightlifters
- Home gym enthusiasts looking to upgrade their equipment
- Commercial gym owners seeking reliable and high-quality barbells for their members

## Captain America

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## Steel Plate

# FREE WEIGHT - PLATES



Transform your gym space with the iconic Captain America Plate and make every lift a step towards becoming a true fitness superhero. Whether you are a beginner or a seasoned athlete, these plates are designed to help you achieve your fitness goals with style and strength.

- Color - Red
- Design - Eye-catching Captain America shield design, featuring vibrant colors and precise detailing.
- Material - High-grade iron for durability and longevity
- Coating - Anti-rust and anti-corrosion coating for long-lasting use.
- Weight Range - Available in 2.5kg, 5kg, 7.5kg, 10kg, 15kg, 20kg, 25kg.
- Diameter - Standard diameter for compatibility with most barbells and gym equipment.
- Grip - Ergonomically designed for a secure and comfortable grip during lifting.
- Usage - Deal for weightlifting, bodybuilding, strength training, and CrossFit workouts.



Upgrade your workout sessions with our premium Gym Steel Plates, designed for durability and precision. These steel plates are the perfect addition to any gym, whether you're a professional athlete or a fitness enthusiast.

- Color - Silver
- Design - Eye-catching Captain America shield design, featuring vibrant colors and precise detailing.
- Material - High-quality solid steel
- Coating - Anti-rust black powder coating for enhanced durability
- Weight Range - Available in 2.5kg, 5kg, 10kg, 15kg, 20kg, and 25kg
- Diameter - Standard size for compatibility with all Olympic bars
- Grip - Ergonomic tri-grip design for easy handling and loading
- Usage - Suitable for both home and commercial gym use

## Rubber Plate



## Bumper Plate (Double Color)

# FREE WEIGHT - PLATES



Our rubber plates are engineered for performance and longevity, making them a great investment for any fitness enthusiast or professional gym. With precision manufacturing, each plate offers consistent weight distribution and a smooth lifting experience. Whether you're a beginner or a seasoned lifter, these plates will help you confidently achieve your fitness goals.

- Color - Black, Blue, Green, Red, Yellow.
- Material - High-density, 100% virgin rubber.
- Weight Range - Available in 10kg, 15kg, 20kg and 25kg.
- Diameter - Standard 450mm Olympic size.
- Thickness - Varies by weight (10kg: 35mm, 15kg: 45mm, 20kg: 55mm, 25kg: 65mm)
- Safety - Non-toxic, eco-friendly materials safe for all users.
- Drop Tested - Rigorously tested to ensure longevity and safety during repeated drops.
- Odor Free - Manufactured to be free from any strong rubber odor.



Massive Fitness's gym bumper plates are crafted with top-grade materials to ensure durability and long-lasting performance. Upgrade your gym equipment with our premium Gym Bumper Plates, designed for superior durability and performance. Perfect for any level of athlete, these plates are built to withstand intense training sessions while adding a splash of style to your workout space.

- Color - Red & Black, Green & Black, Yellow & Black.
- Low Odor - Manufactured with low-odor materials for a more pleasant gym environment.
- Material - High-quality virgin rubber for exceptional resilience and minimal bounce.
- Weight Range - Available in 10kg, 15kg, 20kg and 25kg.
- Diameter - Standard 450mm diameter with all Olympic bars.
- Thickness - Varies by weight, designed for optimal loading capacity.
- Safety - Non-toxic, eco-friendly materials safe for all users.
- Drop Tested - Rigorously tested to ensure longevity and safety during repeated drops.

## Fan Cut Plate

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## Viva Plate

# FREE WEIGHT - PLATES



Transform your strength training with our meticulously designed Fan Cut Plates. Crafted for durability and performance, these plates are perfect for athletes and fitness enthusiasts seeking to enhance their workouts. The fan-cut design ensures a secure grip and adds a sleek, modern aesthetic to your gym setup.

Upgrade your fitness equipment with our Gym Fan Cut Plates and experience the difference in your training regimen. Perfect for both beginners and seasoned athletes, these plates are an essential addition to any serious workout arsenal.

- Color - Blue, Green, Red, Yellow
- Material - High-grade cast iron
- Weight Range - Available in 2.5 kg, 5 kg, 7.5 kg, 10 kg, 15 kg, 20 kg, and 25 kg
- Diameter - Varies with weight, ensuring uniform thickness
- Hole Diameter - Standard 50 mm to fit Olympic bars
- Durability - Resistant to chipping and cracking, suitable for high-intensity workouts



Upgrade your fitness regimen with our superior Gym Viva Plates, designed for durability and performance. Perfect for any home gym or commercial fitness center.

Whether performing heavy lifts or engaging in high-rep training, the Gym Viva Plate is engineered to support your fitness goals with reliability and precision. Invest in quality and experience the difference in your workouts.

- Color - Blue, Green, Orange, Red, Yellow
- Design - Precision-machined for a smooth finish and consistent weight distribution.  
Distinctive Sticker Design
- Material - High-grade cast iron with a robust coating to prevent rust and wear.
- Weight Range - Available in 2.5kg, 5kg, 7.5kg, 10kg, 15kg, 20kg and 25kg
- Diameter - Standard 450mm for compatibility with Olympic bars
- Durability - Suitable for all types of weightlifting and strength training exercises
- Safety - Rubber-coated edges to protect your floors and reduce noise.

## Finger Cut Plate

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## FREE WEIGHT - PLATES



Take your strength training to the next level with our Gym Finger Cut Plate. Designed for serious athletes and fitness enthusiasts, these plates are crafted to deliver exceptional performance and durability.

Enhance your fitness regime with our Gym Finger Cut Plate, engineered to offer unparalleled performance, safety, and convenience. Perfect for athletes who demand the best from their equipment.

- Color - Blue, Green, Red, Yellow
- Material - High-grade cast iron
- Weight Range - Available in 2.5 kg, 5 kg, 7.5 kg, 10 kg, 15 kg, 20 kg, and 25 kg
- Diameter - Varies with weight, ensuring uniform thickness
- Hole Diameter - Standard 50 mm to fit Olympic bars
- Durability - Resistant to chipping and cracking, suitable for high-intensity workouts

## MS Plate

-Weight Lifting Stack Plate



# FREE WEIGHT - STACK PLATE

Enhance your strength training routine with our premium MS Sheet Rectangular Weight Lifting Stack Plates. These weight plates are designed for durability and precision, making them an essential addition to any gym or fitness center. Ideal for both beginners and seasoned athletes, these stack plates provide a versatile option for various strength training exercises.

- Material - Mild Steel (MS) Sheet
- Shape - Rectangular
- Weight Range - Available in multiple weight options (5kg, 10kg, 15kg, 20kg, 25kg)
- Hole Diameter - 2.5 cm (Standard size for universal compatibility)
- Dimensions - 5kg: 20cm x 15cm x 2cm | 10kg: 20cm x 15cm x 4cm  
15kg: 20cm x 15cm x 6cm | 20kg: 20cm x 15cm x 8cm  
25kg: 20cm x 15cm x 10cm
- Finish - Powder-coated, corrosion-resistant
- Compatibility - Universal fit for most stack-based weight-lifting machines

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## Fiber Plate

-Weight Lifting Stack Plate



Upgrade your gym's strength training setup with these premium-quality Fiber Sheet Rectangular Weight Lifting Stack Plates. Designed for durability and performance, these weight plates are crafted from high-density fiber sheets, making them ideal for heavy-duty use in any commercial or home gym. Their unique rectangular shape allows for a more compact and versatile setup, ensuring they fit seamlessly into various weight stacks and machines.

- Material - High-Density Fiber Sheet
- Shape - Rectangular
- Weight Range - 5kg, 10kg, 15kg, 20kg, 25kg
- Hole Diameter - 2.5 cm (Standard size for universal compatibility)
- Dimensions - 5kg: 20cm x 15cm x 2cm | 10kg: 20cm x 15cm x 4cm  
15kg: 20cm x 15cm x 6cm | 20kg: 20cm x 15cm x 8cm  
25kg: 20cm x 15cm x 10cm
- Compatibility - Universal fit for most stack-based weight-lifting machines

## S Lock



Ensure the safety and stability of your gym equipment with the Gym S Lock. Designed for durability and ease of use, this essential accessory provides a secure locking mechanism, ideal for weight plates, barbells, and other gym equipment. Perfect for both commercial and home gym setups, the S Lock ensures you can focus on your workout without worrying about equipment shifting or loosening.

- Material: High-grade stainless steel for enhanced durability and corrosion resistance
- Size: 5 cm (W) x 8 cm (H) (standard size for most gym equipment)
- Locking Mechanism: Quick-release design for easy attachment and removal
- Weight: Lightweight yet robust at 300 grams
- Finish: Polished chrome finish for a sleek and professional look
- Compatibility: Fits standard Olympic barbells and other gym equipment
- Grip: Non-slip, secure grip to ensure plates or accessories remain fixed during heavy lifts
- Usage: Ideal for weightlifting, CrossFit, powerlifting, and general strength training
- Quantity: Available in pairs for a complete solution

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## ACCESSORIES

## Machine Wire



Enhance the functionality and durability of your gym equipment with our premium Gym Machine Wire. Designed for commercial and home gym settings, this wire system ensures smooth and efficient performance, making it an essential component for any fitness machine.

- Material: Heavy-duty steel wire with a durable, corrosion-resistant coating
- Diameter: Available in various diameters (3mm, 4mm, 5mm) to suit different machines and load requirements
- Length: Customizable lengths available, ranging from 2 meters to 30 meters to fit any machine configuration
- Load Capacity: Engineered to support up to 1000 kg of tensile strength, ensuring reliable performance under heavy use
- End Fittings: Includes pre-installed swaged ends or loops for easy attachment and secure connection
- Flexibility: Designed for smooth operation, offering a high degree of flexibility to prevent kinking and tangling.

## Folding Mat



The high-quality PU leather cover is tear/puncture/sweat resistant and can be easily washed with a damp cloth. The 4 panels are easy to fold up for space-saving storage, and the robust sewn-in carrying handles provide an easy and efficient way to carry it wherever you need it. The mat also includes interlocking velcro strap connectors and can be connected to additional mats for tumbling runs.

- Color - Black, Gray, Navy Blue, Red
- Material - Premium quality PU leather material, each with a zipper to access the shock absorbing EPE foam.
- Weight - 15.4lbs / 7kg
- Dimensions - Each panel: 4ft x 2.5ft x 2in / 120cm \* 75cm \* 5cm  
Folded: 4ft x 2.5ft x 8in / 120cm \* 75cm \* 20cm  
Flat: 10ft x 4ft x 2in / 300cm \* 120cm \* 5cm
- Sports - Gymnastics, Tumbling, Yoga, Pilates, Weight Training, High-Intensity Interval Training

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## ACCESSORIES

## AB Roller



Take your core workout to the next level with the Gym AB Roller. Designed to target your abs, shoulders, and arms, this compact yet powerful tool helps you strengthen and tone your muscles with effective and controlled movements. Perfect for both beginners and advanced fitness enthusiasts, the AB roller is an essential piece of equipment for your home or gym workout routine.

- Material: High-density plastic wheel with a sturdy stainless steel axle
- Wheel Diameter: 16 cm (6.3 inches)
- Handles: Non-slip, ergonomic foam handles for comfort and grip
- Weight: Lightweight and portable, weighing only 0.8 kg
- Capacity: Supports up to 150 kg
- Design: Dual-wheel stability for smooth and controlled rolling
- Grip Surface: Textured wheel surface for better traction on any floor type (carpet, hardwood, or concrete)
- Accessories: Includes a free knee mat for added support and comfort during exercises

## Fitness Ball



A high-quality gym ball is showcased in a bright, well-lit environment, placed on a yoga mat. The ball has a textured, non-slip surface with a matte finish, and the featured color is a vibrant blue. Surrounding the ball are various workout accessories such as a pair of dumbbells, a resistance band, and a rolled-up yoga mat, indicating its versatile use in fitness routines. A foot pump and extra plug are placed beside the ball, emphasizing the complete package.

- Color - Black, Blue, Green, Pink, Silver
- Material - High-density anti-burst PVC
- Diameter - Available in 55cm, 65cm, 75cm, 85cm
- Weight Capacity - Up to 2,000 lbs
- Includes - Foot Pump, Extra Plugs, and User Guide
- Benefits - Improves balance, coordination, and posture. Strengthens core muscles, enhancing overall body stability. Reduces the risk of injury by promoting proper form and alignment. Ideal for rehabilitation and low-impact exercises.
- Yoga and Pilates - Rehabilitation and Physical Therapy

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## FUNCTIONAL

## Medicine Ball



Elevate your fitness routine with the versatile Medicine Fitness Ball, an essential tool for full-body conditioning, strength training, and improving core stability. Ideal for athletes, fitness enthusiasts, and rehabilitation professionals, this ball is designed to enhance your performance through dynamic, functional exercises. The Medicine Fitness Ball is perfect for various workouts, including squats, lunges, throws, and core exercises.

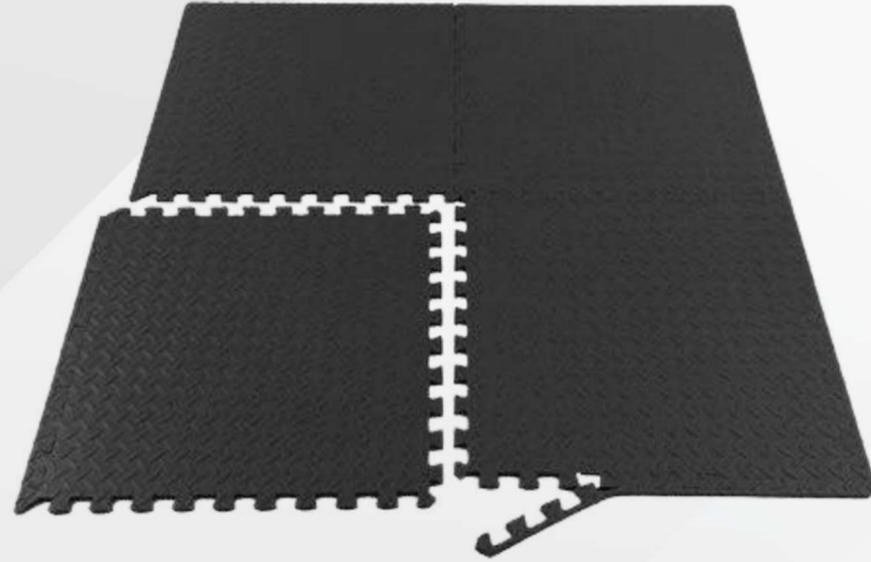
- Color - Black, Blue, Green, Red
- Material - High-density rubber
- Available Weights - 2kg, 4kg, 6kg, 8kg, 10kg
- Diameter - 25cm - 30cm (varies with weight)
- Textured Surface - For improved grip and safety
- Water-Resistant - Suitable for both indoor and outdoor use
- Package Includes - 1 x Medicine Fitness Ball
- Balanced Weight Distribution - Ensures consistent performance and balance, enhancing your workout effectiveness.

## Gym Floor Interlocking Mat

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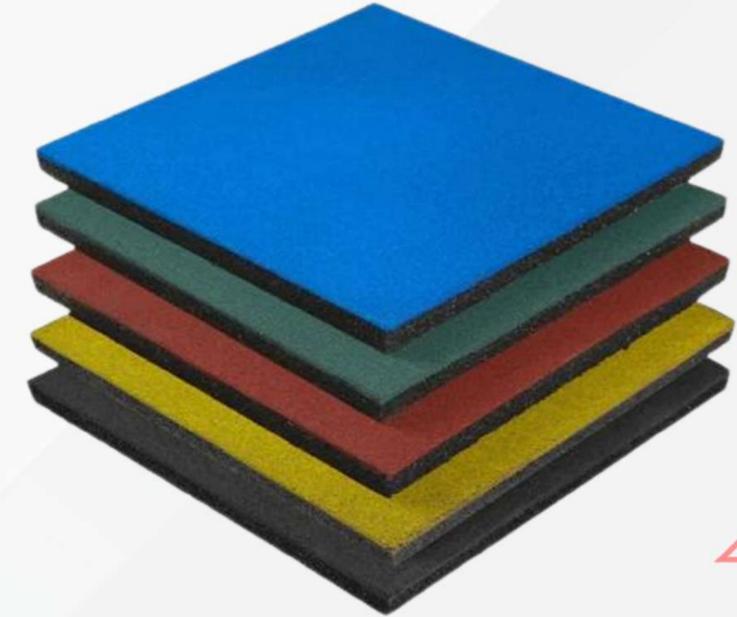
## Gym Floor Rubber Mat

### ACCESSORIES



Transform your workout space with our premium Gym Floor Interlocking Square Mat. Designed for versatility, safety, and comfort, these mats are perfect for both home and commercial gyms. Whether you're setting up a new fitness area or upgrading an existing one, our interlocking mats provide the perfect solution for a durable, high-performance workout environment.

- Color - Black, Blue, Gray, Green, Red, Yellow
- Material - High-density EVA foam
- Dimensions - 24" x 24" per mat
- Thickness - 1/2" (12mm)
- Noise Reduction - Minimizes noise from gym equipment and workouts
- Interlocking Edge - Precision cut for a secure, seamless fit.
- Maintenance - Easy to clean with water and mild detergent
- Certifications - Meets ASTM safety standards
- Protects Flooring - Shields your floors from damage caused by heavy gym equipment and high-impact activities.



Upgrade your workout space with our Premium Quality Gym Floor Rubber Square Mat, designed to provide superior comfort, durability, and safety for all exercise environments. Whether you're setting up a home gym, fitness studio, or commercial workout facility, our rubber mats offer unmatched protection and support.

- Color - Black, Blue, Gray, Green, Red, Yellow
- Material - High-density natural rubber
- Dimensions - 1m x 1m per mat
- Thickness - 10mm, 15mm, 20mm options available
- Noise Reduction - Minimizes noise from gym equipment and workouts
- Edge Type - Straight and interlocking edges for seamless installation
- Maintenance - Easy to clean with water and mild detergent
- Quality - We prioritize quality in every step of the production process, ensuring that you receive a product that meets the highest standards.
- Eco-Friendly - Made from recycled rubber, our mats are an environmentally responsible choice for your fitness needs.

## Curve Treadmill



## CARDIO - TREADMILL

Introducing the Curved Treadmill – the ultimate solution for non-motorized resistance training and HIIT workouts. Designed for high intensity interval training, this unique curved design offers a challenging and dynamic workout experience.

The non-motorized feature allows for a completely natural stride, and the adjustable resistance provides a customizable workout. This treadmill is perfect for personal training studios, gyms, and home fitness enthusiasts looking for a premium, low-impact workout solution.

- Color - Black
- Area - 1600\*480
- Dimensions - 1150\*535\*1500mm
- Screen - 40mm\*125mm, LED
- Net Weight - 200 Kg

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## Red Patti Treadmill



A new era of running performance with the High-Tech AC Motorized Treadmill 1360, where advanced technology meets unmatched durability and user-friendly features. Designed for the dedicated runner, this treadmill offers an unparalleled exercise experience, bringing the best of both worlds – rigorous workout options and high-tech convenience – right to your home.

Red Patti Treadmill for Home Gym | Fitness Equipment for Walking, Jogging & Running | Cardio Exercise Gym Machine for Full body workout.

- Color - Black, Red
- Connectivity - USB Port, SD Card Slot, Headphone Jack
- Dimensions - 12100 x 900 x 1150mm
- Screen - 4 LED screens, 1 LED Dot Matrix
- Net Weight - 170 kg
- It has a 2.5HP motor which allows the 25mm commercial grade belt to get up to a max speed of 20km/h. It can be set to an incline of up to 20%.

## Silver Treadmill

### Fully Commercial



Unleash your fitness potential with the Silver Treadmill, a fully commercial-grade machine engineered for durability, performance, and user comfort. Whether you're a gym owner looking to equip your facility or a serious fitness enthusiast, this treadmill provides the ideal platform for all your cardio workouts.

- Dimensions: 210 cm (L) x 90 cm (W) x 150 cm (H)
- Weight Capacity: Supports up to 180 kg
- Motor Power: 4.0 HP AC motor, ensuring smooth and reliable performance even under heavy use
- Speed Range: 0.8 to 20 km/h, accommodating various fitness levels from walking to sprinting
- Incline Levels: 0% to 15% motorized incline for customizable workout intensity
- Running Surface: Extra-wide, anti-slip running belt (160 cm x 55 cm) designed for comfort and stability
- Display: Large LED touchscreen providing real-time feedback on speed, distance, time, calories burned, and heart rate.

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## CARDIO - TREADMILL

## Silver Treadmill



Achieve your fitness goals with the Silver Treadmill Machine, designed to provide an exceptional workout experience for home users and gym enthusiasts alike. This treadmill combines advanced technology with a user-friendly interface, making it the perfect addition to any fitness regimen.

- Motor Power: 2.5 HP DC motor for quiet and efficient operation
- Speed Range: 0.8 to 14 km/h, allowing for customizable workout intensity
- Incline Levels: 0% to 12% manual incline for varied training options
- Running Surface: Spacious, anti-slip running belt (120 cm x 45 cm) for safety and comfort
- Display: Multi-functional LED display showing speed, distance, time, calories burned, and heart rate
- Programs: 12 pre-set workout programs designed for different fitness levels and goals
- Weight Capacity: Supports up to 120 kg, making it suitable for a wide range of users
- Dimensions: 160 cm (L) x 75 cm (W) x 130 cm (H)
- Foldable Design: Space-saving folding feature for easy storage when not in use

## Thor Treadmill

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## CARDIO - TREADMILL



Thor Treadmill Commercial, the ultimate solution for all your fitness and workout needs. Engineered to perfection, this treadmill is designed for both beginners and seasoned athletes looking to elevate their training sessions.

- Color - Black, Black & Gray
- Motor - High-torque 5.0 HP AC motor for smooth, consistent operation even during intense workout sessions.
- Speed - 24 Km/hr
- Screen - A 15" full-color touchscreen display with easy-to-use interface offering various workout programs, real-time stats, and entertainment options.
- User Capacity - Maximum user weight of up to 180 kg
- Machine Weight - 225 Kg
- Dimensions - 2190 (L) x 970 (W) x 1570 (H) mm
- Safety Features - The emergency stop button and safety key ensure that you can work out with peace of mind, knowing you're protected at all times.

## Stair Climber

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## CARDIO

Take your fitness training to new heights with the Gym Stair Climber Machine. Engineered for intense cardio and lower-body strength, this machine replicates the motion of stair climbing, offering a full-body workout. Designed for both commercial gyms and serious fitness enthusiasts, it provides exceptional performance, durability, and user comfort.

- Material: Heavy-duty steel frame with powder-coated finish for maximum durability
- Dimensions: 140 cm (L) x 90 cm (W) x 200 cm (H)
- Resistance Levels: Adjustable resistance with 20 levels for varied intensity
- Step Height: Adjustable between 4 to 20 cm for customized workouts
- Display: LED touchscreen to monitor real-time stats such as steps per minute, total steps, calories burned, speed, and heart rate
- Foot Pedals: Extra-wide, non-slip pedals with ergonomic design for secure foot placement.
- Heart Rate Monitoring: Integrated pulse sensors on the handles for accurate heart rate tracking
- Power Source: Electrically powered with a low-energy consumption motor

## Air Rowing Machine



## CARDIO - ROWER

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## Water Rower



Equipped with a heavy duty flywheel, this rower machine provides enough resistance. With 10 levels nicely transition resistance that allows you to increase or decrease intensity. The Elite Top Row all-in-one workout machine engages your whole body for a perfect abs workout, leg workout, and arm workout. All stages users can get an effective workout whether you are a beginner or an advanced user.

- Color - Black & Gray
- Product Dimensions - 172D x 35W x 52H Centimeters
- Special Feature - Ergonomic, Anti Slip
- Resistance Mechanism - Air
- Maximum User Weight - 150 kg.
- User Friendly Design - The Anti-slip shock-absorbing foot pad design does not damage the floor and enhances the grip.
- Portable Foldable Design - If you ever need to stow this rower gym exercise equipment, simply fold it up.

Feel like you're rowing down a real body of water thanks to the feel and sound of this water rower. Using a water wheel is what makes this the closest thing to outdoor rowing, offering a smoother resistance than typical magnetic rowing machines. The constant resistance replicates the natural dynamics of rowing for an upgraded full body workout.

- Color - Wooden Yellow
- Product Dimensions - 212 x 50 x 56 cm
- Special Feature - Ergonomic, Anti Slip
- Resistance Mechanism - Water
- Maximum Capacity - 260 Kg
- Ergonomic design - Comfortable seat with adjustable pedals, straps and textured handle
- Specs and color could be slightly different from the model shown
- Easily roll into an upright position when not in use

## Front Drive Elliptical

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## Rear Drive Elliptical



## CARDIO - ELLIPTICAL



Experience a new level of fitness with our Front Drive Elliptical Machine. Designed for commercial gyms and home use, this elliptical offers a smooth, low-impact workout that targets multiple muscle groups while minimizing strain on your joints.

- Dimensions: 180 cm (L) x 65 cm (W) x 160 cm (H)
- Weight Capacity: Supports up to 150 kg
- Flywheel Weight: 12 kg for smooth and consistent movement
- Stride Length: 15 inches, adjustable to fit various user heights
- Resistance Levels: 16 levels of magnetic resistance for customized workouts
- Display: Large LCD screen showing time, speed, distance, calories burned, heart rate, and RPM
- Programs: 12 pre-set workout programs and a manual option for personalized training
- Connectivity: Bluetooth-enabled with built-in speakers for music playback and workout integration
- Power Supply: Plug-in electric with battery backup for display

Experience a low-impact, full-body workout with our state-of-the-art Rear Drive Elliptical Machine. Designed for fitness enthusiasts of all levels, this elliptical offers a smooth and natural motion that mimics the body's natural stride, making it ideal for both cardio and strength training.

- Dimensions: 170 cm (L) x 65 cm (W) x 170 cm (H)
- Weight Capacity: Supports up to 150 kg
- Flywheel Weight: 10 kg for stable and consistent performance
- Stride Length: Adjustable stride length (16" to 20") for customized workouts
- Resistance Levels: 16 levels of magnetic resistance for varying workout intensity
- Display: Multi-functional LCD display showing time, distance, calories burned, speed, and heart rate
- Heart Rate Monitor: Hand pulse sensors for real-time heart rate tracking
- Programs: 12 pre-set workout programs for guided training and Variety
- Connectivity: Bluetooth-enabled with app compatibility for tracking workouts and progress

## Spin Bike



Elevate your fitness routine with the Gym Pro Spin Bike, designed for high-intensity cardio workouts that bring the feel of the gym right into your home. Engineered for performance and durability, this spin bike is perfect for both beginners and seasoned athletes.

- Ergonomic Design - The fully adjustable seat and handlebars are designed for optimal comfort and posture, accommodating users of different heights.
- Smooth & Quiet Ride - Equipped with a precision-balanced flywheel and belt drive system for a soft, silent cycling experience.
- LCD Monitor - Track your progress in real-time with the integrated LCD that shows speed, time, distance, calories burned, and heart rate.
- Transport Wheels - Easily move and store the bike with built-in transport wheels, perfect for home gyms with limited space.
- Pedal Design - Non-slip, adjustable pedals with toe cages and straps to secure your feet during vigorous sessions.
- Weight Capacity - Supports up to 120 kg, making it suitable for many users.

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## CARDIO - BIKE

## Spin Bike 2



Elevate your fitness routine with the Gym Pro Spin Bike, designed for high-intensity cardio workouts that bring the feel of the gym right into your home. Engineered for performance and durability, this spin bike is perfect for both beginners and seasoned athletes.

- Ergonomic Design - The fully adjustable seat and handlebars are designed for optimal comfort and posture, accommodating users of different heights.
- Smooth & Quiet Ride - Equipped with a precision-balanced flywheel and belt drive system for a soft, silent cycling experience.
- LCD Monitor - Track your progress in real-time with the integrated LCD that shows speed, time, distance, calories burned, and heart rate.
- Transport Wheels - Easily move and store the bike with built-in transport wheels, perfect for home gyms with limited space.
- Pedal Design - Non-slip, adjustable pedals with toe cages and straps to secure your feet during vigorous sessions.
- Weight Capacity - Supports up to 120 kg, making it suitable for many users.

## Spinning Bike



Experience a high-intensity workout from the comfort of your home or gym with our premium Gym Spinning Bike. Designed for durability, comfort, and performance, this bike is perfect for users of all fitness levels looking to enhance their cardio and endurance.

- Frame: Heavy-duty steel frame for maximum stability and durability
- Flywheel: Precision-balanced flywheel (10kg-20kg options) for a smooth and quiet ride
- Resistance System: Adjustable magnetic or friction resistance for a customizable workout intensity
- Handlebars: Ergonomically designed multi-grip handlebars with sweat-resistant coating for comfort and support
- Seat: Fully adjustable, high-density padded seat (both vertical and horizontal adjustments) for personalized comfort
- Pedals: Anti-slip pedals with adjustable straps for secure foot placement during high-intensity sessions
- Display: Digital LCD monitor to track real-time data such as speed, distance, time, calories burned, and heart rate

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## CARDIO - BIKE

## Air Bike



Introducing the Air Bike Machine, the ultimate fitness equipment designed to provide a full-body workout while maximizing calorie burn. This innovative bike utilizes air resistance to offer a smooth and challenging experience, making it perfect for both high-intensity interval training (HIIT) and steady-state cardio sessions.

- Dimensions: 120 cm (L) x 60 cm (W) x 130 cm (H)
- Weight Capacity: Supports up to 150 kg
- Resistance: Air resistance mechanism for unlimited resistance based on user effort
- Display: Large LCD screen displaying time, distance, calories burned, RPM, and heart rate
- Drive System: Heavy-duty chain drive for smooth and quiet operation
- Seat: Adjustable seat with cushioning for maximum comfort during workouts
- Handlebars: Multi-grip handlebars for various workout positions, promoting upper body engagement
- Pedals: Anti-slip pedals with foot straps for secure footing
- Wheels: Built-in transport wheels for easy mobility and storage



## CARDIO - ROWER

This upgraded vibration platform with high powered vibration motor will help you get both an upper body and lower body workout. It includes two resistance bands for sports training, weight loss, burning fat, and muscle toning.

- Quiet operation - will not disturb you from watching TV shows, and comes with two detachable resistance bands to work out your arms and upper body; a manual to guide you through the appropriate process to achieve the ultimate results
- Color - Black & Gray
- Voltage - 220V
- Net Weight - 27 Kg
- User Weight - 120 Kg
- Benefits - It helps increase circulation, muscle strength, and flexibility; better range of motion; core conditioning and stability; and faster muscle recovery. Also include enhanced metabolism and reduction of strain elevation levels.



# JAGUAR SERIES

L I M I T D E D I T I O N

## Abductor Adductor Machine

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## Chin-up Dip Machine



### JAGUAR SERIES



Enhance your lower body workouts with the Jaguar Series Adductor Machine, a premium gym machine designed to target the inner thigh muscles with precision. Built with the latest ergonomic and biomechanical design, this machine is ideal for both commercial gyms and dedicated fitness enthusiasts.

- Material: Heavy-duty steel frame with corrosion-resistant coating
- Dimensions: 150 cm (L) x 110 cm (W) x 160 cm (H)
- Weight Stack: 80 kg (upgradable to 120 kg), offering adjustable resistance for all fitness levels
- Seat & Padding: High-density foam padding with durable, sweat-resistant upholstery for comfort.
- Grip Handles: Ergonomically placed handles for stability during exercise
- Adjustability: Adjustable thigh pads to accommodate users of different sizes and flexibility levels
- Foot Placement: Non-slip, adjustable foot pads for secure positioning
- Pulley System: Smooth and precise pulley mechanism for seamless operation

The Jaguar Series Chin-Up & Dip Machine is your ultimate solution for building upper body strength, enhancing core stability, and sculpting muscles with precision. Designed for commercial gym environments, this machine delivers a smooth, reliable, and effective workout experience for users of all fitness levels.

- Dimensions: 150 cm (L) x 120 cm (W) x 230 cm (H)
- Weight Capacity: Supports up to 250 kg
- Material: Heavy-duty steel frame construction with powder-coated finish for enhanced durability
- Handles: Anti-slip, ergonomic handles for a secure and comfortable grip
- Foot Pads: Wide and stable foot pads with non-slip surface for added safety
- Adjustability: Adjustable dipping arms and support pads to suit different body sizes and workout preferences
- Pull-Up Bar: Multi-grip chin-up bar for various pull-up variations (wide, neutral, and narrow grips)

## Leg Curl & Leg Extension



The Jaguar Series Leg Curl & Leg Extension Machine offers a premium solution for targeting the lower body with maximum efficiency. Designed for commercial gym use, this dual-function machine delivers exceptional performance, durability, and comfort for leg curl and leg extension exercises, essential for building strong quads, hamstrings, and overall leg strength.

- Frame: Heavy-duty steel frame with corrosion-resistant powder coating
- Dimensions: 175 cm (L) x 115 cm (W) x 145 cm (H)
- Weight Stack: 120 kg selectorized weight stack, easily adjustable for varying resistance levels
- Seat Adjustability: Fully adjustable seat and backrest to accommodate users of all heights
- Foot Rollers: Ergonomically designed with foam padding for secure and comfortable leg positioning
- Cables: Durable steel cables with smooth, low-friction pulleys for seamless motion
- Finish: Textured powder-coated finish for durability and aesthetic appeal
- Assembly: Easy assembly with clear, step-by-step instructions

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## JAGUAR SERIES

## Lat Pull Down & Seated Row



Achieve your upper body strength goals with the Jaguar Series Lat Pull Down & Seated Row Machine. This versatile piece of gym equipment is designed for both commercial gyms and home fitness enthusiasts, providing an efficient and effective way to target the back, shoulders, and arms.

- Dimensions: 150 cm (L) x 120 cm (W) x 200 cm (H)
- Weight Capacity: Supports up to 250 kg
- Material: Heavy-duty steel frame with a corrosion-resistant finish
- Pulley System: High-quality, smooth-operating pulley system for seamless movement
- Weight Stack: Adjustable weight stack ranging from 5 kg to 100 kg
- Adjustability: Multiple seat and chest pad adjustments to accommodate users of various heights
- Grip Handles: Ergonomically designed, non-slip grip handles for secure lifting
- Padding: High-density foam padding covered with durable upholstery for comfort during workouts
- Finish: Powder-coated finish for enhanced durability and sleek appearance.

## Multi Press



Achieve your fitness goals with the Jaguar Series Multi Press Machine, designed for ultimate versatility and performance in strength training. This multi-functional piece of equipment allows you to target various muscle groups, making it an essential addition to any gym, whether commercial or home-based.

- Dimensions: 180 cm (L) x 130 cm (W) x 150 cm (H)
- Weight Capacity: Supports up to 300 kg
- Construction: Heavy-duty steel frame with a powder-coated finish for durability and stability
- Adjustable Seat: Padded, adjustable seat to accommodate users of different heights
- Arm Positions: Multi-grip handles for various pressing angles (flat, incline, decline)
- Weight Stack: Optional weight stack options (50 kg, 100 kg) for customized resistance
- Cushioning: High-density foam padding for enhanced comfort during workouts
- Finish: Durable upholstery that is easy to clean and maintain

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## JAGUAR SERIES

## Pec Dec Fluy



Transform your chest workouts with the Jaguar Series Pec Deck Fly Machine. Engineered for both commercial gyms and dedicated home fitness spaces, this machine is designed to enhance muscle engagement and deliver maximum results for your pectoral muscles.

- Dimensions: 140 cm (L) x 120 cm (W) x 160 cm (H)
- Weight Capacity: Supports up to 250 kg
- Construction: Heavy-duty steel frame with a durable, powder-coated finish for long-lasting performance
- Adjustable Seat: Customizable seat height for users of different sizes, ensuring optimal form and comfort
- Resistance Type: Dual-weight stack system for smooth and consistent resistance (adjustable from 5 kg to 100 kg)
- Handles: Ergonomic, non-slip handles designed for a comfortable grip during workouts
- Fly Arms: Fully adjustable arms that allow for a wide range of motion and muscle targeting.

## Seated Leg Curl



Unleash the full potential of your lower body workouts with the Jaguar Series Seated Leg Curl Machine. Specifically engineered to target your hamstrings, this machine combines comfort, durability, and efficiency, making it an essential addition to any gym or fitness facility.

- Dimensions: 150 cm (L) x 100 cm (W) x 140 cm (H)
- Weight Capacity: Supports up to 250 kg
- Padding: High-density foam padding for ultimate comfort and support during workouts
- Frame Material: Heavy-duty steel construction with a powder-coated finish for enhanced durability
- Adjustability: Multiple seat and leg pad adjustments to accommodate users of various heights
- Pulley System: High-quality, smooth-operating pulley system for consistent resistance
- Weight Stack: Comes with a 100 kg weight stack for varying levels of resistance
- Footplate: Non-slip, textured footplate for secure footing during exercises
- Assembly: Easy to assemble with clear instructions included

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## JAGUAR SERIES

## Preacher Curl



Elevate your bicep workouts with the Jaguar Series Preacher Curl Machine, designed specifically to isolate and target your biceps for maximum growth and strength. This machine combines ergonomic design with commercial-grade durability, making it an essential addition to any gym.

- Dimensions: 120 cm (L) x 75 cm (W) x 130 cm (H)
- Weight Capacity: Supports up to 250 kg
- Material: Heavy-duty steel frame with a powder-coated finish for durability
- Padding: High-density foam padding with premium upholstery for comfort and support
- Arms: Adjustable arm support to accommodate users of various heights
- Curl Arm: Angled curl arm for optimal bicep engagement and muscle isolation
- Grip: Ergonomic, non-slip grip handles for secure lifting
- Assembly: Comes with easy-to-follow instructions for quick and hassle-free assembly
- Isolated Muscle Engagement: Specifically designed to target the biceps, allowing for effective isolation during curls.

## Chest Press Hammer



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## STRENGTH

The Chest Press Hammer Machine is designed to deliver an exceptional upper-body workout, focusing on the chest muscles with unparalleled precision and comfort. This machine combines robust construction, ergonomic design, and advanced biomechanics to help users achieve their fitness goals effectively.

- Color - Black, Black & Red, Black Yellow
- Material - Heavy-duty steel frame for maximum durability and stability
- Weight Capacity - 300 kg
- Seat and Backrest - Adjustable, high-density foam padding covered with premium upholstery for optimal comfort and support
- Net Weight - 150 Kg
- Dimensions - 180cm (L) x 120cm (W) x 150cm (H)
- Safety - Secure design with non-slip surfaces and robust construction to provide a safe workout environment.

## Lat Pull Down



The Lat Pull Down Gym Machine is a versatile piece of strength training equipment designed to effectively target and develop the upper back, shoulders, and biceps. Ideal for both commercial gyms and home fitness spaces, this machine offers a smooth and controlled workout experience with a focus on building upper body strength and muscle definition.

- Color - Black, Red
- Material - Heavy-duty steel frame with high-quality upholstery
- Cable System - High-strength, durable cables for smooth operation
- Grip Handles - Multiple handles including wide grip, close grip, and neutral grip
- Seat Adjustment - (6 Position) Vertical adjustment with multiple height settings
- Weight Stack - 100 Kg (with options for higher or lower stacks available)
- Dimensions - 55 (L) x 30(W) x 85 (H) inches
- Safety - Safety features include a secure weight stack shroud to prevent accidental contact with moving parts and ensure user protection.

## Shoulder Press



Elevate your strength training regimen with our premium Gym Shoulder Press Hammer Machine. Engineered for optimal performance, this machine targets your deltoid muscles, providing a robust workout that enhances shoulder strength and stability. Ideal for commercial gyms and fitness centers, the Shoulder Press Hammer Machine offers both novice and experienced athletes a safe and effective means to develop powerful shoulders.

- Color - Black, Black & Red, Black Yellow
- Material - Heavy-duty steel frame for maximum durability and stability
- Weight Capacity - 300 kg
- Seat and Backrest - Adjustable, high-density foam padding covered with premium upholstery for optimal comfort and support
- Net Weight - 150 Kg
- Dimensions - 180cm (L) x 120cm (W) x 150cm (H)
- Dual Action - Allows independent arm movement, promoting balanced muscle development and enhancing workout versatility.

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## STRENGTH

## Leg Press & Hack Squat



The Hack Squat Gym Machine is a premier piece of equipment designed to target and develop the lower body muscles, particularly the quadriceps, hamstrings, and glutes. Its ergonomic design and robust construction ensure a safe, effective, and comfortable workout experience, making it an essential addition to any commercial gym or fitness facility.

- Material - Commercial-grade steel
- Platform Angle - 45 Degree
- Backrest Adjustment Positions - 4
- Foot Plate Adjustment Positions - 5
- Product Weight - 235.5kg / 519lbs
- Weight Capacity - 450 kg / 1000 lbs
- Weight Plate Storage - Integrated storage pegs for easy access and organization
- Dimensions - 85 (L) x 60 (W) x 62 (H) inches
- Easy Access - Designed with easy entry and exit points to facilitate user convenience and safety.

## Low Row Hammer



The Low Row Hammer Machine is an essential strength training equipment designed to target and develop the muscles of the back, including the latissimus dorsi, rhomboids, and trapezius. With its ergonomic design and sturdy construction, this machine provides a smooth and effective workout experience, making it a valuable addition to any commercial gym or fitness center.

- Color - Black, Black & Red
- Material - Commercial-grade steel
- Grip Option - Neutral and wide
- Weight Plate Storage - Integrated storage pegs for easy access and organization.
- Seat Adjustment Position - 5
- Weight Capacity - 225 Kg
- Dimensions - 70 (L) x 45 (W) x 50 (H) inches
- Safety Features - Includes rubberized handles and protective end caps to enhance safety and prevent damage to the machine and flooring.

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## STRENGTH

## Rowing Hammer



The Rowing Hammer Machine is a versatile and effective piece of equipment designed to provide a full-body workout, emphasizing cardiovascular fitness, strength, and endurance. Ideal for commercial gyms and fitness centers, this machine simulates the dynamic motion of rowing, engaging multiple muscle groups for a comprehensive and efficient exercise experience.

- Color - Black, Red, Yellow
- Material - Heavy Duty Iron
- Durable Construction - Made from high-quality, heavy-duty steel to ensure durability and stability, capable of withstanding intense and continuous use.
- Weight - 127 Kg
- Dimensions - 1435 x 1210 x 1320 mm.
- Ergonomic Design - Ergonomically designed seat and handlebar for optimal comfort and proper form during workouts, reducing strain on the back and joints.

## Lat Pull Down

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## Multi Press



## IMPORTED - STRENGTH



The Lat Pull Down Gym Machine is an advanced, imported fitness equipment designed to effectively target the latissimus dorsi, biceps, and upper back muscles. Engineered for both commercial gyms and serious home workout spaces, this machine combines durability, functionality, and comfort to deliver superior performance and results.

- Premium Quality - Constructed with high-grade, imported steel to ensure long-lasting durability and stability even under heavy use.
- Color - Black, Red
- Material - Imported high-grade steel
- Cable System - High-strength, durable cables for smooth operation
- Grip Handles - Multiple handles including wide grip, close grip, and neutral grip
- Seat Adjustment Position - (6 Position) Vertical adjustment with multiple height settings
- Weight Stack - 300 kg adjustable in 5 Kg increments
- Dimensions - 70 (L) x 50 (W) x 85 (H) inches

The Chest Shoulder Press Machine (Imported) is a top-tier strength training machine designed to provide an exceptional upper body workout, targeting the chest, shoulders, and triceps. Engineered with precision and built with high-quality materials, this machine offers unparalleled performance, comfort, and durability, making it an ideal choice for commercial gyms and fitness centers.

- Color - Black, Black & Red
- Material - Premium-grade steel
- Backrest Adjustment Positions - 4
- Handle Position - Multi-grip (wide, narrow, neutral)
- Seat Adjustment Position - 6
- Weight Capacity - 270 Kg
- Dimensions - 70 (L) x 45 (W) x 70 (H) inches
- Safety Features - Integrated safety stops and lockout points ensure user safety during heavy lifting sessions.

## Lat Pull Down with Seated Row

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## Pec Deck Fly



## IMPORTED - STRENGTH



Maximize your upper body strength with the versatile Gym Lat Pull Down with Seated Row Machine. This dual-function machine is designed to target the muscles of the back, shoulders, and arms, providing a complete upper body workout. Perfect for commercial gyms and home setups, it offers smooth operation, comfort, and durability for long-lasting use.

- Material: Heavy-duty steel frame with anti-rust powder coating
- Dimensions: 200 cm (L) x 130 cm (W) x 215 cm (H)
- Weight Stack: Adjustable weight stack up to 120 kg (can vary depending on the model)
- Cables: Premium-grade, nylon-coated steel cables for a smooth and quiet experience
- Handles: Dual grip, non-slip handles for both lat pull-down and seated row exercises
- Seat & Padding: Thick, high-density foam padding with tear-resistant vinyl upholstery for added comfort
- Adjustability: Adjustable thigh pads for lat pull-down stability and adjustable footplate for seated rows
- Finish: Powder-coated, corrosion-resistant finish for enhanced durability

Elevate your chest workout with the Gym Pec Deck Fly Machine, designed for targeted pectoral isolation and effective muscle engagement. Ideal for both home and commercial gym setups, this machine delivers precise motion for optimal chest development and muscle definition.

- Material: High-quality, heavy-duty steel frame for maximum durability
- Dimensions: 160 cm (L) x 130 cm (W) x 150 cm (H)
- Weight Stack: Adjustable weight stack ranging from 10 kg to 120 kg for progressive resistance
- Handles: Non-slip rubberized handles for a firm and secure grip during workouts
- Seat Adjustability: Multi-position adjustable seat to accommodate different user heights and preferences
- Finish: Corrosion-resistant powder-coated finish for longevity and easy maintenance
- Max User Weight: 150 kg
- Cables: High-tensile strength steel cables for smooth and silent operation

## Inner | Outer



the Gym Inner/Outer Strength Machine, designed to effectively target both the inner and outer thigh muscles. This versatile, high-performance machine is perfect for building strength, toning, and improving overall lower body functionality, making it an essential addition to any gym.

- Material: Heavy-duty steel frame with corrosion-resistant coating
- Dimensions: 170 cm (L) x 140 cm (W) x 150 cm (H)
- Weight Stack: 100 kg adjustable weight stack, with smooth pin-loaded adjustments
- Weight Capacity: Supports up to 250 kg
- Padding: High-density foam seat and backrest for superior comfort
- Seat Adjustability: Multiple adjustable seat positions for optimal body alignment
- Footplates: Non-slip footrests for added safety and stability
- Handles: Ergonomically positioned handles with non-slip grip for secure support
- Finish: Powder-coated finish for added durability and a sleek look

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## IMPORTED - STRENGTH

## Multi Press



The Gym Multi Press Strength Machine is the ultimate all-in-one solution for athletes and fitness enthusiasts looking to target multiple muscle groups with a single piece of equipment. Engineered for commercial and home gym use, this versatile machine delivers superior performance, comfort, and durability for every workout.

- Material: Heavy-duty steel construction with a powder-coated finish for enhanced durability
- Dimensions: 180 cm (L) x 150 cm (W) x 160 cm (H)
- Weight Capacity: Supports up to 350 kg
- Adjustable Settings: Multiple adjustment points for seat height, backrest, and press angles to accommodate different exercises and user preferences
- Handles: Non-slip, ergonomic handles for maximum grip and comfort
- Resistance System: Plate-loaded or weight stack options available (depending on model)
- Finish: Anti-corrosion, powder-coated surface for enhanced durability and aesthetic appeal.

## Preacher Curl



## IMPORTED - STRENGTH

The Gym Preacher Curl Machine is engineered to help you achieve peak bicep development through isolated, controlled movements. Perfect for both beginner and advanced lifters, this machine targets the biceps effectively while reducing strain on the lower back and shoulders.

- Material: Heavy-duty steel frame with a corrosion-resistant finish
- Dimensions: 130 cm (L) x 110 cm (W) x 150 cm (H)
- Weight Capacity: Supports up to 250 kg
- Pad Material: High-density foam padding with durable vinyl covering for extra comfort and durability
- Seat Adjustability: Multiple height-adjustable settings to suit different user heights
- Handles: Non-slip rubber-coated handles for a secure grip
- Weight Plate Compatibility: Fits standard and Olympic weight plates
- Finish: Powder-coated finish for added durability and a sleek appearance
- Footprint: Compact design suitable for small to large gym spaces.

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## Chin-up Dip



The Gym Chinup Dip Machine is the ultimate tool for building upper body strength and improving muscle definition. Ideal for both home and commercial gym settings, this machine allows you to perform a wide range of exercises focused on developing your back, shoulders, chest, arms, and core. With its sturdy build and versatile design, the Chinup Dip Machine is perfect for users at any fitness level.

- Material: Heavy-duty steel frame for maximum durability and stability
- Dimensions: 125 cm (L) x 110 cm (W) x 210 cm (H)
- Weight Capacity: Supports up to 250 kg
- Handles: Soft, ergonomic, non-slip handles for a firm grip during pull-ups and dips
- Foot Support: Non-slip foot platforms for assisted pull-ups and dips
- Finish: Powder-coated finish for rust and scratch resistance
- Adjustable Assist: Optional weight-assist mechanism to support beginners and allow progression in strength training
- Multifunctional Use: Integrated pull-up, dip, and leg raise functions for a complete upper body workout.

## Leg Curl | Leg Extension

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## Lat Raise



## IMPORTED - STRENGTH

Maximize your leg day with the Leg Curl/Leg Extension Machine, designed to target and strengthen your quadriceps, hamstrings, and glutes. This dual-function machine is perfect for both commercial gyms and serious home users, providing smooth and effective isolation exercises for a well-rounded lower-body workout.

- Material: Heavy-duty steel frame with corrosion-resistant powder coating
- Dimensions: 165 cm (L) x 120 cm (W) x 145 cm (H)
- Weight Stack: 100 kg adjustable weight stack with smooth pin-selector system
- Seat & Backrest: High-density foam padding with durable, sweat-resistant upholstery
- Leg Pads: Thick, adjustable foam rollers for comfortable leg support
- Adjustability: Multiple seat and pad adjustments to accommodate users of all sizes
- Mechanism: Dual-function design for both seated leg extensions and prone leg curls
- Finish: Durable powder-coated finish to prevent wear and tear
- Weight Capacity: Supports users up to 300 kg
- Assembly: Simple assembly instructions with necessary tools included



The Gym Lat Raise Machine is expertly designed to target and isolate your lateral deltoid muscles, delivering superior results for shoulder development. Ideal for both commercial gyms and dedicated home gyms, this machine combines comfort, durability, and performance to enhance your workout experience.

- Material: Heavy-duty steel construction for maximum strength and stability
- Dimensions: 145 cm (L) x 120 cm (W) x 160 cm (H)
- Weight Stack: 100 kg adjustable weight stack for progressive resistance training
- Cables: Industrial-grade cables with smooth operation for long-lasting performance
- Pads: Thick, high-density foam padding with sweat-resistant upholstery for comfort during intense workouts
- Handles: Ergonomically designed, anti-slip handles for a firm grip and proper alignment
- Seat Adjustability: Multiple seat height adjustments to accommodate users of all sizes
- Footprint: Compact and space-efficient, making it perfect for smaller gym spaces
- Finish: Powder-coated, rust-resistant finish for durability and sleek aesthetics

## Functional Trainer

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## Leg Press



## IMPORTED - STRENGTH



Maximize your workout potential with the versatile Gym Functional Trainer Machine. Whether you're targeting strength, flexibility, or endurance, this all-in-one machine offers a wide range of exercises to meet your fitness goals. Ideal for commercial gyms, fitness centers, or serious home gym setups, the Functional Trainer Machine ensures smooth, effective training for users of all levels.

- Material: Heavy-duty steel frame construction with anti-rust, corrosion-resistant finish
- Dimensions: 180 cm (L) x 130 cm (W) x 230 cm (H)
- Weight Stack: Dual independent weight stacks (75 kg per side) for customized resistance
- Pulley System: Adjustable and smooth cable pulley system with 22 height positions for maximum flexibility
- Attachments: Comes with multiple attachments (straight bar, rope, single handles, ankle strap) for diverse exercises
- Guide Rods: Precision linear bearings for smooth vertical motion
- Assembly: Easy-to-follow instructions with all necessary tools for quick assembly

Enhance your leg day routine with our Gym Leg Press Machine, designed to deliver maximum strength and muscle development. This high-performance machine is perfect for both commercial gyms and home fitness enthusiasts, providing an effective way to target your quads, hamstrings, glutes, and calves.

- Material: Heavy-duty steel frame for stability and durability
- Dimensions: 190 cm (L) x 120 cm (W) x 150 cm (H)
- Weight Capacity: Supports up to 400 kg
- Platform Size: Large footplate (60 cm x 30 cm) for comfortable foot positioning
- Padding: Thick, high-density foam padding for the backrest and seat for optimal comfort
- Adjustability: Adjustable backrest to accommodate users of different heights
- Weight Plates: Olympic weight plate holders for added resistance
- Finish: Scratch-resistant powder-coated finish for long-lasting aesthetics
- Targeted Muscle Engagement: Effectively isolates and targets key muscle groups in the legs, enhancing strength and hypertrophy.

**Power Smith**

**MASSIVE**  
FITNESS  
UNLEASH YOUR POTENTIAL



## IMPORTED - STRENGTH

The Power Smith Machine is engineered to provide a full-body workout with unmatched safety and versatility. Perfect for commercial gyms and dedicated home fitness enthusiasts, this robust machine supports a wide range of strength training exercises, making it an essential addition to any workout space.

- Dimensions: 220 cm (L) x 130 cm (W) x 240 cm (H)
- Frame Material: Heavy-duty, 11-gauge steel with a powder-coated finish for long-lasting durability.
- Adjustable Positions: Multiple racking positions for a variety of exercises and user heights
- Guided Motion: Fixed bar path with dual guide rods for enhanced stability and controlled lifting
- Plate Storage: Integrated weight plate holders for convenient storage of Olympic plates
- Safety Features: Adjustable safety catches and lockout positions for added security during solo workouts.

## Utility Stool



Enhance your fitness routine with the Gym Utility Stool, a must-have addition to any gym setup. Designed for versatility and durability, this stool provides the perfect support for a wide range of exercises and training needs.

- Compact Design - Space-saving design perfect for both home gyms and commercial fitness centers.
- Material - High-grade steel frame with a powder-coated finish for superior strength and durability.
- Ergonomic Seat: Comfortably padded seat designed to provide support during intense workout sessions.
- Weight Capacity - Supports up to 200 kg
- Seat Padding - High-density foam with sweat-resistant, easy-to-clean upholstery
- Weight - Lightweight yet robust, weighing approximately 10 kg for easy maneuverability
- Dimensions - 50 cm (L) x 40 cm (W) x 45 cm (H)
- Low Maintenance - Easy-to-clean upholstery and durable materials make maintenance a breeze.

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## STRENGTH

## Weight Plate Tree



The Weight Plate Tree is a must-have organizational tool for any gym or fitness center, designed to keep your weight plates neatly stored and easily accessible. Its sturdy construction and practical design make it an essential piece of equipment for maintaining a clean, efficient workout space.

- Color - Black
- Material - Stainless Steel
- Gross Weight - 34 Kg
- Dimensions - 780 x 780 x 1100 mm
- Durable Construction - Made from high-quality, heavy-duty steel to ensure maximum durability and longevity, even under heavy loads.
- Compact Design - Space-saving vertical design allows for efficient storage of weight plates without taking up too much floor space.
- Multiple Storage Pegs - Equipped with multiple storage pegs to accommodate different sizes of weight plates, keeping them organized and within easy reach.

## Olympic Flat Bench



The Olympic Flat Bench is a must-have for any serious gym setup, designed to provide exceptional support and stability during intense weightlifting workouts. Perfect for performing bench presses and a variety of upper body exercises, this bench is engineered for both commercial gym use and heavy-duty home training.

- Material: Heavy-duty steel frame with anti-rust powder coating
- Dimensions: 130 cm (L) x 125 cm (W) x 45 cm (H)
- Weight Capacity: Supports up to 500 kg
- Padding: 7 cm thick high-density foam padding covered with durable, sweat-resistant upholstery
- Bench Width: 30 cm, providing ample space for comfortable movement
- Bar Holder: Adjustable barbell rack with 2 levels for secure placement
- Feet Stability: Non-slip rubberized foot grips to ensure the bench remains stable on all surfaces
- Finish: Scratch-resistant coating for long-lasting durability

**MASSIVE**  
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## STRENGTH

## Olympic Decline Bench



Maximize your strength training with the Olympic Decline Bench, designed to target and sculpt your lower chest muscles with precision. Built for commercial gyms and serious home setups, this bench provides the stability, durability, and comfort necessary for a productive and safe workout experience.

- Frame Material: Heavy-duty steel with powder-coated finish for enhanced durability
- Dimensions: 180 cm (L) x 120 cm (W) x 125 cm (H)
- Weight Capacity: Supports up to 400 kg, accommodating heavy lifts
- Padding: High-density foam padding covered with durable, sweat-resistant upholstery
- Seat Adjustability: Multiple decline angle adjustments (15°, 30°, 45°) for varying workout intensities
- Barbell Support: Dual barbell holders positioned for easy racking/unracking
- Foot Anchors: Ergonomically designed foot rollers with non-slip padding for secure body positioning
- Grip Handles: Built-in grip handles for added support during sit-up or abdominal exercises
- Assembly: Includes easy-to-follow instructions for a quick and hassle-free setup

## Rod Stand | Rod Rack



Stand is made up of a heavy-duty steel frame of 2 inches. Suitable for storage of rods in a vertical direction to ensure minimum space is occupied. It can hold upto 9 rods (28mm diameter). Rubber foot caps protect metal framework from damaging the flooring & provides stability to the product, keeping it in position.

- Color - Black, Red
- Material - Stainless Steel
- No. of Racks - 9
- Bar Size - Suitable for All Sizes Bars From 3 Feet upto 7 Feet
- Protective Coating - The stand is coated with a scratch-resistant finish, protecting both the stand and your equipment from wear and tear.
- Non-Slip Base - Equipped with a non-slip base, the stand stays securely in place, providing a safe and stable storage solution.
- Easy Assembl - Comes with all necessary hardware and clear instructions for quick and hassle-free assembly.

**MASSIVE**  
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## STRENGTH

## Weight Plate Tree



The Weight Plate Tree is a must-have organizational tool for any gym or fitness center, designed to keep your weight plates neatly stored and easily accessible. Its sturdy construction and practical design make it an essential piece of equipment for maintaining a clean, efficient workout space.

- Color - Black
- Material - Stainless Steel
- Gross Weight - 34 Kg
- Dimensions - 780 x 780 x1100 mm
- Durable Construction - Made from high-quality, heavy-duty steel to ensure maximum durability and longevity, even under heavy loads.
- Compact Design - Space-saving vertical design allows for efficient storage of weight plates without taking up too much floor space.
- Multiple Storage Pegs - Equipped with multiple storage pegs to accommodate different sizes of weight plates, keeping them organized and within easy reach.

# QUALITY - CONTROLS

- CI - From Furnace Casting
- BUSH - 50 mm Jindal Aluminum Round Tube
- RODE - 32 mm to 28 mm Finished DIA As Per Product with Chrome Polish
- IRON INSIDE - 40 mm to 142 mm Round Iron Rode According To Product
- PACKING - 5 mm Nitlone Wrap with Corrugated Box packs
- WELDING - ARC Welding
- RUBBER - Made of High-Quality Indian Rubber RMA (IX) And Imported Rubber Compound ( used in tyre manufacturing )  
Zinc Oxide of 99% Purity  
Antioxidant, Accelerator  
Colours - High Quality Of Sudharshan Co.  
PVC used in Rubbers
- CONSULTANT - Co. has appointed Rubber Consultant For Professional and Scientific Procedure

# PROCESS FLOW CHART

**KNEADER MIXING**



**KNEADER MIXING FOR MIXING OF MATERIAL**

**RUBBER MIXING**



**RUBBER MIXING FOR SHEET MAKING**

**HYDRAULIC PRESS**



**HYDRAULIC PRESS**

**ARC WELDING**



**PACKING**



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**MASSIVE FITNESS**

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